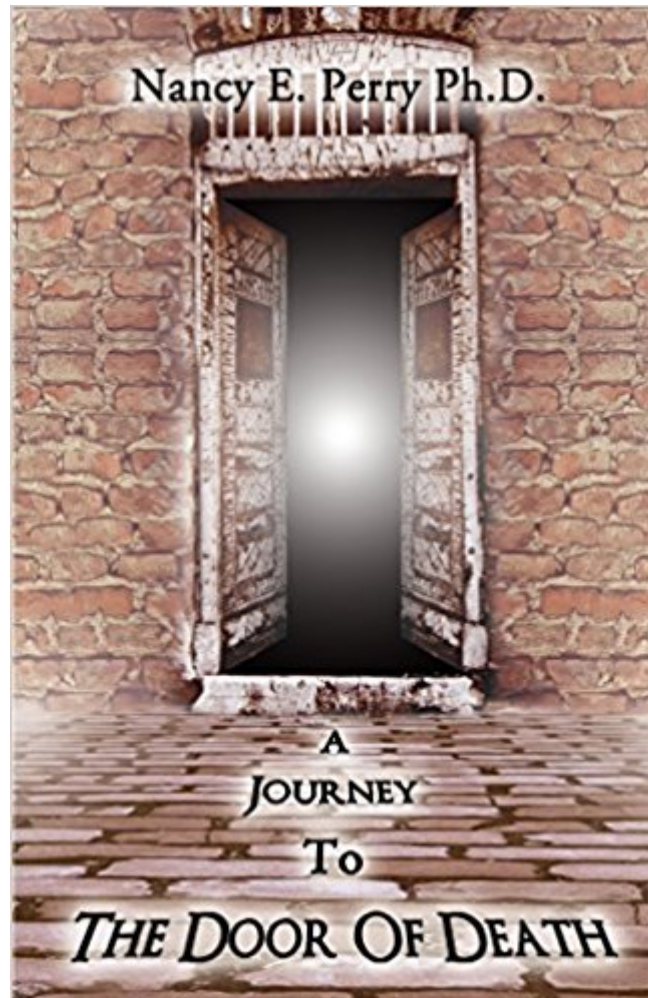




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A Journey To The Door OF Death



Synopsis

This book is not only a riveting account of facts and events, but is one of personal experiences. The authors mind-bending descriptions, written as though they were happening in the here and now relate to events that millions of people have lived through and continue to experience during and after an unexpected health crisis. Similar experiences to those of the author happen to many others as they receive life-saving medical procedures in hospitals, clinics, at the scene of an accident in their own home or elsewhere. *A Journey To The Door Of Death* is the inside story of a physical catastrophe. A major focus in the book is the suffering experienced from the traumas of serious illness and life saving treatments. The author struggles to find meaning related to her suffering that might help others. Examples of the questions she explores are: How may traumatic medical events be experienced or reflected in the minds and bodies of people who experience them? Can these experiences actually cause Post Traumatic Stress Disorder? What effects can result spiritually and emotionally as a result of this type of trauma? Why do some people return to functional living while other do not? Can traumatic unexpected medical events create an existential crisis for the person experiencing them? A framework in the form of a model, emerged while the the book was being written and is fully described. This model has proved useful by helping people understand themselves and others.

Book Information

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Customer Reviews

FROM THE FORWARD: Dr. Perry helps us understand that excellent health care is a crucial mix of

wisdom and compassion. The world renowned surgeon, the advanced diagnostic tests, the gentle nurse who showered her after her surgery, and the family and church members that came to her aid, all play essential roles in her treatment. Dr. Perry takes this a step further. Like many patients with complex medical issues, Dr. Perry's issues brought her face-to-face with her own mortality and her own concept of herself. In an exercise of radical honesty, she shares how her medical issues shattered several misconceptions or "myths" about herself, that then allowed for greater self evolution. She uses these experiences to formulate a theory of mythical evolution that may be used by future patients and others in order to cope with the personal changes that come with illness and suffering. This book can lend perspective to both those navigating the health care system and to those who work in health care every day. As a physician, this book gave me greater insight into the patient experience and I am sure that it can do the same for you. Vincent F. Miccio, Jr. MD Pain Medicine Fellow Columbia University Medical Center

Dr. Nancy E. Perry is a Clinical Psychologist as well as a Registered Nurse and an Artist. She earned her B.S. degree in Nursing, as well as her M.A. and Ph.D. degrees at The Ohio State University. Her Associate's Degree in Fine Arts was earned at the Santa Fe Community College. Dr. Perry has served on the faculty of the Ohio State University, The University of Wisconsin and The Wisconsin Professional School of Psychology. Her clinical practice has included Marriage and Family therapy, Individual Therapy, and the treatment of Trauma Victims. She is a recognized authority in the treatment of Dissociative Disorders and has presented papers and workshops in many countries around the world. She is currently devoting most of her time to writing, painting and consulting. Dr. Perry currently resides in Santa Fe New Mexico. Her last book was "Mother Bashing: Does she Deserve It?"

This book is spiritual food for anyone going through trauma. It is a spiritual adventure story for all denominations including atheists. It will take you through the real story of one woman's close encounter with possible death, recovery, and healing with intricate explanations and insight that will give hope for people who question the significance of their own path. No adamant answers are given here, Compelling perspectives are presented that will help bridge present experience to a universal understanding. This adventure is a moving account that grabs the reader quickly and moves the story as a good page turner should. Nevertheless there is a bountiful bibliography that is well grounded in scientific fact and research. It is a must read book for patients, doctors, or anyone going through trauma that leads one to question consciousness. I would recommend this book to

anyone considering serious surgery or medical treatments. It will encourage others to consider moving through their own personal growth.

There is the ring of truth about this book. For myself, it was like the author's own personal invitation, to walk by her side and observe, as she passed through an unexpected confrontation with her own mortality, and then made her way back again. Unlike many other "near death accounts," this recounting was written from the perspective of a scientific observer, and did not ask for my "belief" in anything, other than the virtue of human courage. It was a book about a personal inner journey, of a certain conquest of self, about a certain inner battle, fought at the edge of the chasm of the author's then seemingly imminent death. This is a book that should be in the waiting room of every physician and therapist, wherever people must face life changing trauma, seemingly beyond their own control. Thank you for a most excellent read!

Dr. Perry's account of her close encounter with death is truly riveting. While there are many such accounts, none have captured the detail and the occurrences leading up to her recovery with such stunning perception. Since her father was a medical doctor and her mother an artistic person, it is clear that Dr. Perry has inherited the precision of her father and the artistic ability to deliver a compelling story from her mother. I would encourage anyone faced with illness of the terminal kind, or anyone interested in a dramatic real-life story of conquering serious odds to read this!

An excellent read of the author's personal journey during an acute life threatening medical illness and recovery. The author is a clinical psychologist who was very experienced treating patients, and little experience being the patient. She comes face-to-face with her own mortality and shares personal experiences in her life and upbringing and their impact on her beliefs. Along this journey, she questions some of the beliefs she had prior to this traumatic experience. A very interesting read for anyone experiencing an acute life threatening medical situation or a loved one's medical crisis. She was blessed to have so much support from her family, friends, pastor, and caring medical personnel and recognizes the importance this had in her recovery.

Loved this book! Made me appreciate my life more and thankful for what I have. Highly recommend.

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